



**ST. ELIZABETH'S**  
ANGLICAN CHURCH  
聖公會頌主堂

Sunday, January 31, 2021

11am

4th Sunday after Epiphany  
English & Cantonese  
Morning Prayer Service

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2021 Theme: Revive, Restore, Renew

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## This Sunday Roster

Celebrant & Preacher: **Rev. Maria**

Interpreter: **Tali Wong**

Lay Reader & Intercessor: **Andy Ng**

Reader: **Belle Li**

PPT Compiler: **Yvonne Zheng**

Gospeller: **Carol Shih**

PPT Clicker: **Daniel Ying**

Host: **Fenella Chiu**

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## Introduction before starting service – Andy Ng

We invite parishioners joining the live online service to join in on responses as you would in regular worship, but please note that all will be muted except for those scheduled to serve in the worship. This service will be recorded and subsequently posted to our website.

## Opening Sentence (P. 350) – Andy Ng

Jesus went about Galilee, teaching, preaching, and healing every disease.

*See Matthew 4:23*

## The Peace (P.192) – Rev. Maria

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

<Please greet each other in the name of Christ>

## Grace (P.185) – Rev. Maria

Celebrant: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

People: **And also with you.**

## Confession (P.45) – Andy Ng

Leader: Dear friends in Christ, as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

## Absolution (P.46) – Rev. Maria

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: **Amen.**

## A Reading from 1 Corinthians 8:1–13 – Belle Li

Reader: ***Food Offered to Idols***

*<sup>1</sup> Now concerning food sacrificed to idols: we know that ‘all of us possess knowledge.’ Knowledge puffs up, but love builds up. <sup>2</sup> Anyone who claims to know something does not yet have the necessary knowledge; <sup>3</sup> but anyone who loves God is known by him.*

*<sup>4</sup> Hence, as to the eating of food offered to idols, we know that ‘no idol in the world really exists’, and that ‘there is no God but one.’ <sup>5</sup> Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— <sup>6</sup> yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.*

<sup>7</sup> *It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. <sup>8</sup> 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. <sup>9</sup> But take care that this liberty of yours does not somehow become a stumbling-block to the weak. <sup>10</sup> For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? <sup>11</sup> So by your knowledge those weak believers for whom Christ died are destroyed. <sup>12</sup> But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. <sup>13</sup> Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.*

Reader: The word of the Lord.

People: **Thanks be to God.**

### Gospel Hymn – *What a Friend we have in Jesus*

1. What a friend we have in Jesus,  
All our sins and griefs to bear!

What a privilege to carry  
Everything to God in prayer!  
Oh, what peace we often forfeit,  
Oh, what needless pain we bear,  
All because we do not carry  
Everything to God in prayer!

2. Have we trials or temptations?  
Is there trouble anywhere?

We should never be discouraged—  
Take it to the Lord in prayer.  
Can we find a friend so faithful,  
Who will all our sorrows share?  
Jesus knows our every weakness;  
Take it to the Lord in prayer.

3. Are we weak and heavy-laden,  
Cumbered with a load of care?  
Christ the Saviour is our refuge—

Take it to the Lord in prayer.  
Do our friends despise, forsake us?  
Are we tempted to despair?  
Jesus' strength will shield our weakness,  
And we'll find new courage there.

*Hymn leaders: Ada Lam and Daniel Yoon*

*Music: Charles Crozat Converse*

*Text: Joseph Scriven*

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## Gospel Mark 1:21–28 – Carol Shih

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to **Mark**.

People: **Glorify to you, Lord Jesus Christ.**

Reader: ***The Man with an Unclean Spirit***

*<sup>21</sup> They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. <sup>22</sup> They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. <sup>23</sup> Just then there was in their synagogue a man with an unclean spirit, <sup>24</sup> and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' <sup>25</sup> But Jesus rebuked him, saying, 'Be silent, and come out of him!' <sup>26</sup> And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. <sup>27</sup> They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' <sup>28</sup> At once his fame began to spread throughout the surrounding region of Galilee.*

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

## Sermon – Rev. Maria (Cantonese Interpreter: Tali Wong)

### The Apostles' Creed (P.52) – Andy Ng

Leader: Let us confess our faith, as we say,

All: **I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit and born of the Virgin Mary.**

**He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.  
Amen.**

## Prayers of the People (P.117 Litany 9) – Andy Ng

### Parish Cycle of Prayer

Parish: Rev. Maria Ling's Celebration of New Ministry

Deanery: Trinity, Streetsville; Interim Rt Rev Philip Poole; Rev'd Simon Flint

Diocesan: Eglinton Deanery

Anglican: Anglican Church of Brasil

Infirm: Esther Chen, Susan Xu's mother Dian-lan Feng, Vanky So

Condolences: Connie Tuen Muk's father, Ka Yau Tuen Muk,  
Hong Lian Chen (Sunny Wong's mother-in-law)

*Please join in the response indicated by the Intercessor*

Intercessor: Let us pray to the Lord, saying, "**Lord, have mercy.**"

Intercessor: Let us ask the Lord for a day of fulfilment and peace.

People: **Lord, have mercy.**

Intercessor: Let us ask the Lord to teach us to love others as he has loved us.

People: **Lord, have mercy.**

Intercessor: Let us ask the Lord for peace and justice in the world.

People: **Lord, have mercy.**

Intercessor: Let us ask the Lord to strengthen and relieve those who are in need.

People: **Lord, have mercy.**

Intercessor: Let us ask the Lord to renew the Church through the power of his life-giving Spirit.

People: **Lord, have mercy.**

## Collect of the Day (P. 352) – Andy Ng

Intercessor: Let us pray.

All: **Living God,  
in Christ you make all things new.  
Transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your glory;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever.  
Amen.**

### The Lord's Prayer (P.54) – Carol Shih

Celebrant: Gathering our prayers and praises into one, let us pray as our Saviour taught us,

All: **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

### Blessing (P.683 ii) – Rev. Maria

Celebrant: The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People: **Amen.**

### Commissioning Service for a Student Entering a Congregation *The Examination (the Congregation sits)*

Celebrant: Brother and sisters in Christ Jesus, we are all baptized by the one Spirit into the one Body and are given gifts for a variety of ministries for the common good. Our purpose is to commission *Carol Shih* in the name of God and this congregation to the special ministry of Student Assistant to which she is called.

*Carol*, you have been called to minister in this congregation. Will you, as long as you are engaged in this work, perform it with diligence?

Student: **I will.**

Celebrant: Will you faithfully and reverently execute the duties of your ministry to the honour of God, and to the benefit of this congregation?

Student: **I will.**

Celebrant: (*To the Congregation*) As the People of God, will you pray for and support *Carol* in her ministry here at St. Elizabeth's Church?

Congregation: **We will.**

### ***The Commissioning (All stand)***

Celebrant: "You are my witnesses," says the Lord, "and my servants whom I have chosen." Give thanks to the Lord and call upon his name.

Congregation: **Make known his deeds among the peoples.**

Celebrant: Let us pray (*silence*). Have regard to our supplications, gracious Lord, and confirm with your heavenly benediction your servant, *Carol*, commissioned to minister in your church, that with sincere devotion she may offer acceptable service to you, through Jesus Christ our Lord, Amen.

In the name of God and of this congregation, I commission you, *Carol* as a student assistant in this parish.

## **Announcements**

<https://www.stechurch.com/announcements>

## **Dismissal – Andy Ng**

Leader: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

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This Sunday Jan 31 [4pm](#)

Rev. Maria's Celebration of New Ministry Service Roster

Celebrant & Preacher: **Bishop Jenny Andison** Interpreter: **Joel Chiu**

Lay Reader: **Wilson Loo**

Intercessor: **Grace Liu**

Reader: **Margaret Loo**

PPT Compiler & Host: **Fenella Chiu**

PPT Clicker: **Chivas Chu**

AV Support: **Paul Seto**

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Next Sunday Feb 7 [10:15am](#)

[English](#) Morning Prayer Service Roster

Celebrant & Preacher: **Rev. Maria**

Worship Leader: **Justin Kim**

Reader & Intercessor: **Charles Doiron**

Host: **Paul Seto**

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Next Sunday Feb 7 [11:15am](#)

[Cantonese](#) Morning Prayer Service Roster

Celebrant: **Rev. Maria Ling**

Preacher: **Wilson Loo**

Lay Reader: **Sunny Wong**

Intercessor: **Joel Chiu**

Reader: **Tammy Pang**

PPT Compiler: **Martin Lau**

PPT Clicker: **Annie Chan**

Host: **Chivas Chu**

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3. **Monthly Pre-Authorized Remittance** of donation: download the enrollment form [here](#), email completed form to [PAR@stechurch.com](mailto:PAR@stechurch.com)

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