



This Sunday Roster

Celebrant, Gospeller (*Mark 1:9–15*), Preacher: **Rev. Siu Chun Leung**

Worship Leader, Reader 1 (*Genesis 9:8–17*): **Paul Seto** Server: **Fenella Chiu**

Reader 2 (*1 Peter 3:18–22*): **Gabriel Kong**

Intercessor: **Amy Chiu** Offering Collection: **Hazel Doiron**

Hymn leader, Accompanist: **Daniel Yoon, Ada Lam, Evelyn Yoon**

PPT Compiler: **Carol Tam** AV Team: **Terence Kim**

Introduction before starting service – Paul Seto

We invite parishioners joining the live online service to join in on responses as you would in regular worship, but please note that all will be muted except for those scheduled to serve in the worship. This service will be recorded and subsequently posted to our website.

Opening Sentence (P. 286) – Paul Seto

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

Matthew 4:4

Processional Hymn – Forty Days and Forty Nights

1. Forty days and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled.
2. Shall not we Thy sorrow share,
And from earthly joys abstain,
Fasting with unceasing prayer,
Glad with Thee to suffer pain?
3. And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, His vanquisher before,
Grant we may not faint nor fail.
4. Keep, O keep us, Saviour dear,
Ever constant by Thy side;
That with Thee we may appear
At the eternal Eastertide.

*Hymn leader: Daniel Yoon
Accompanist: Evelyn Yoon
Text: George Hunt Smyttan, Francis Pott, and others
Music: attr. to Martin Herbst
Hymns of Universal Praise (1986) #142
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The Gathering of the Community (P.185) – Rev. Siu Chun Leung

Celebrant: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People: **And also with you.**

Prayer of Purity (P.185) – Rev. Siu Chun Leung

Celebrant: Almighty God,

People: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Kyrie Eleison

Kyrie Eleison

Margaret Rizza

♩ = 76
(8 bars of instrumental music)

Lord, have mer-cy, Lord, have mer-cy, Lord, have mer-cy

5
Lord, have mer-cy; Christ, have mer-cy, Christ, have mer-cy, Christ, have mer-cy

9
Christ, have mer-cy; Lord, have mer-cy, Lord, have mer-cy

12
(13 bars of instrumental music)
Lord, have mer-cy, Lord, have mer-cy

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Collect of the Day (P. 286) – Rev. Siu Chun Leung

Celebrant: Let us pray.

All: **Almighty God,
whose Son fasted forty days in the wilderness,
and was tempted as we are but did not sin,
give us grace to discipline ourselves
in submission to your Spirit,
that as you know our weakness,
so we may know your power to save;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.
Amen.**

1st Reading from Genesis 9:8–17 – Paul Seto

Reader:

⁸ Then God said to Noah and to his sons with him, ⁹ ‘As for me, I am establishing my covenant with you and your descendants after you, ¹⁰ and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹ I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.’ ¹² God said, ‘This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³ I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴ When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵ I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶ When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.’ ¹⁷ God said to Noah, ‘This is the sign of the covenant that I have established between me and all flesh that is on the earth.’

Reader: The word of the Lord.

People: **Thanks be to God.**

2nd Reading from 1 Peter 3:18–22 – Gabriel Kong

Reader:

¹⁸ For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, ¹⁹ in which also he went and made a proclamation to the spirits in prison, ²⁰ who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. ²¹ And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader: The word of the Lord.

People: **Thanks be to God.**

Gospel Hymn – Create in Me a Clean Heart

Create in me a clean heart, O God.

And renew a right spirit within me (x2)

Cast me not away from Thy presence, O Lord.

And take not Thy Holy Spirit from me,

Restore unto me, the joy of Thy salvation,

And renew a right spirit within me.

(Repeat the whole song once, repeat the last line)

Author Unknown; Text from Psalm 51:10-12

Maranatha! Music Praise Hymns and Choruses Classic Songbook #100

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Gospel Mark 1:9–15 – Rev. Siu Chun Leung

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to **Mark**.

People: **Glory to you, Lord Jesus Christ.**

Reader: ***The Baptism of Jesus***

⁹ In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰ And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹ And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

The Temptation of Jesus

¹² And the Spirit immediately drove him out into the wilderness. ¹³ He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

The Beginning of the Galilean Ministry

¹⁴ Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵ and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

Sermon – Rev. Siu Chun Leung

The Nicene Creed (P.188) – Paul Seto

Leader: Let us confess our faith, as we say,

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the scriptures; he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father.

With the Father and the Son he is worshipped and glorified.

He has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People (P.121 Litany 14 Lent) – Amy Chiu

Parish Cycle of Prayer

Parish: Vestry & 2024 Ministry Plans

Deanery: St. Hilary's; Rev'd Adrienne Clements

Diocesan: Nottawasaga Deanery

Anglican: Province of the Episcopal Church of Sudan

For Healing: Esther Chen, Susan Xu's mother Dian-Lan Feng, Aileen Lu, Alfred Chiu, Andy Ng's parents Kim Tung Ng and Sau Fong Cheung, Joseph Leung's father Kwok Ping Leung, Kingsman Tang, Joseph Leung's friend Richard Li

Please join in the response indicated by the Intercessor

Intercessor: With confidence and trust let us pray to the Lord, saying,
"Lord, have mercy."

Intercessor: For the one holy catholic and apostolic Church throughout the world, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For those preparing for baptism and for their teachers and sponsors, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For all whom we have injured or offended, we pray to you, Lord.

People: **Lord, have mercy.**

Intercessor: For grace to amend our lives and to further the reign of God, we pray to you, Lord.

People: **Lord, have mercy. Amen.**

<Silence for praying, people may pray for their needs>

Confession (P.191) – Paul Seto

Leader: Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

The Prayer Over the Ashes

Celebrant: Almighty God, from the dust of the earth you have created us.
May these ashes be for us a sign of our mortality and penitence,
and a reminder that only by your gracious gift
are we given eternal life;
through Jesus Christ our Saviour.

People: **Amen.**

The Imposition of Ashes

*All who desire to receive the imposition of ashes are invited to come forward.
Ashes are applied to the forehead with the words, "Remember: you are dust,
and to dust you will return; turn away from sin, and be loyal to Christ."*

The Conclusion of the Confession

Celebrant: Accomplish in us, O God, the work of your salvation,

People: **That we may show forth your glory in the world.**

Celebrant: By the cross and passion of your Son, our Lord,

People: **Bring us with all your saints to the joy of his resurrection.**

Celebrant: Almighty God, have mercy on you,
forgive you all your sins through our Lord Jesus Christ,
strengthen you in all goodness,
and by the power of the Holy Spirit
keep you in eternal life.

People: **Amen.**

The Peace (P.192) – Rev. Siu Chun Leung

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

< Please greet each other in the name of Christ >

Offertory Hymn – What a Friend We Have in Jesus

1. What a friend we have in Jesus,
All our sins and griefs to bear!
What a privilege to carry
Everything to God in prayer!
Oh, what peace we often forfeit,
Oh, what needless pain we bear,
All because we do not carry
Everything to God in prayer!
2. Have we trials or temptations?
Is there trouble anywhere?
We should never be discouraged—
Take it to the Lord in prayer.
Can we find a friend so faithful,
Who will all our sorrows share?
Jesus knows our every weakness;
Take it to the Lord in prayer.
3. Are we weak and heavy-laden,
Cumbered with a load of care?
Precious Saviour, still our refuge,
Take it to the Lord in prayer.
Do thy friends despise, forsake thee?
Take it to the Lord in prayer?
In His arms He'll take and shield thee,
Thou wilt find a solace there.

Music: Charles Crozat Converse

Text: Joseph Scriven

Hymns of Universal Praise (1986) #618

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People: **All things come of Thee, O Lord,
And of Thine own Have we given Thee. Amen.**

Prayer over the Gifts (P.287) – Rev. Siu Chun Leung

Celebrant: God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.

We ask this in his name.

All: **Amen.**

The Great Thanksgiving - Eucharistic Prayer 5 (P.204-206)

– Rev. Siu Chun Leung

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Celebrant: We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

People: **Glory to you for ever and ever.**

Celebrant: You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing (say),

All: **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant: We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected.

Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

People: **Glory to you for ever and ever.**

Celebrant: On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

People: **Glory to you for ever and ever.**

Celebrant: Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

People: **Glory to you for ever and ever.**

Celebrant: Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

People: **Glory to you for ever and ever. Amen.**

The Lord's Prayer (P.211) – Rev. Siu Chun Leung

Celebrant: As our Saviour taught us, let us pray,

All: **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Breaking of the Bread (P.213 #7 Lent) – Rev. Siu Chun Leung

Celebrant: We break this bread,

All: **Communion in Christ's body once broken.**

Celebrant: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.**

Celebrant: The Gifts of God for the People of God.

All: **Thanks be to God.**

People:

O Lamb of God, You take away the sins of the world, Have mercy upon us. (x2)

O Lamb of God, You take away the sins of the world, Grant us thy peace.

The Communion

We invite parishioners joining the live online service to receive the spiritual communion by saying the following prayer while those at church receive the physical communion.

The Prayer of Spiritual Communion

People: Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

Communion Hymns – (*Accompaniment – Daniel Yoon*)

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Prayer after Communion (P.287) – Rev. Siu Chun Leung

Celebrant: Faithful God,
in this holy bread
you increase our faith and hope and love.
Lead us in the path of Christ
who is your Word of life.
We ask this in his name.

People: **Amen.**

Doxology (P.214) – Rev. Siu Chun Leung

Celebrant: Glory to God,
All: **whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Blessing (P.684) – Rev. Siu Chun Leung

Celebrant: May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People: **Amen. (3-fold Amen)**

Announcements <https://www.stechurch.com/announcements>

Dismissal – Paul Seto

Leader: Let us bless the Lord.

People: **Thanks be to God.**

Recessional Hymn – I Will Delight in the Law of the Lord

I will delight in the law of the Lord
I will meditate day and night
Then like a tree firmly planted,
I'll be grounded in Your Word

Blessed is the one
Who follows the way of the Lord
Blessed is the one

(Repeat the whole song once)

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Next Sunday February 25th 10am 2nd Sunday in Lent In-Person & Online English Morning Prayer Service Roster

Celebrant, Gospeller (*Mark 9:2-9*): **Rev. Siu Chun Leung**

Preacher: **Wilson Loo**

Worship Leader, Reader 1 (*Genesis 17:1–7, 15–16*), Intercessor: **Justin Kim**

Reader 2 (*Romans 4:13–25*): **Silas Seto**

Offering Collection: **Marissa Lau**

PPT Compiler: **Fenella Chiu**

AV Team: **Tommy Kung**

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Reflection & Meditation Article

– “The Peak of Liturgical Life (2)”

Rev. Siu Chun Leung

The Passover Triduum is the three holy days commemorating the Passion and Resurrection of the Lord Jesus Christ. It is the most important moment in the life of the Lord Jesus Christ. The passion and death of Jesus Christ were integrated with the resurrection and should not be viewed separately. Traditionally, the celebrations begin after Maundy Thursday, reach the peak at the Great Vigil of Easter, and end with Vespers on Easter Day. The Passover Triduum is the highest and most important time of the entire liturgical year. By participating in these days of celebrations, believers are touched in their hearts, recall what the Lord has done for the world, give thanks to the Lord, and reconnect our entire lives with the life of the Lord while looking forward to His glorious return.

The Easter season begins on Easter Day and ends on the Day of Pentecost. It is a fifty-day period of joyful celebration. During this period, the church expresses its joy at the Lord's victory over suffering and death. The Pentecost of the Holy Spirit is the result of the Lord's crucifixion and resurrection. Jesus not only resurrected himself to new life, but also became the source of new life for all. In Christ, all people are resurrected, have a new beginning, and bear the fruit of the Holy Spirit.

Today, when believers participate in the liturgical life of the church, it is important not only to look back on the faithful life during the time of Jesus and the early church, but also to inspire believers to take on commissions and learn to be like Christ. Of course, it would renew the relationship between believers and the Lord Jesus Christ through liturgy and improve our spiritual quality. Jesus said, **‘If any want to become my followers, let them deny themselves and take up their cross daily and follow me.’** (Luke 9:23) The value and essentiality of the cross are the core of the believer's life and the sign of the servant of God. Because of His love and sacrifice, our Lord Jesus Christ is willing to bear the sins and pains of people in exchange for releasing us from the bondage of sin. As followers of the Lord, we have to perform the redemptive effect of Jesus Christ on our lives, allowing others to know Christ and experience the power of resurrection.

For Anglicans, liturgical life and festival celebrations are an integral part of religious life. The liturgy contains the grace of God and the Word. Through our worship, Christ interacts with us, allowing us to experience his presence. I deeply hope that all brothers and sisters will experience the Lord more profoundly during the Easter season and be nourished spiritually. Amen.